

Our year group hopped onto the coach, and we were travelling to Aldenham country side park.

It wasn't very long until we arrived at our destination. Firstly, we were lead to an area with wooden benches scattered around. We got into small groups and chose a bench. Not long after our instructors came, they introduced themselves and soon enough we were walking again.

A few minutes later we were taken to a grassland, and we left our belongings under a tent.

Our warm-up consisted of a fun game which included running and good listening skills. This is because we were given a number, and when called we were supposed to run around in a circle, zig-zag through our teammates and get to a red rag first.

Our first activity was foreging, some of us was given a small booklet containing facts about many plants. When we spotted one, the person holding the booklet would read the facts. I learnt many new things, mostly how some plants could be used as medicine.

Secondly, we were taught how to use flint and steel and light a fire. We used cotton as our fuel. Next, we added vasaline (or candlewax) to the cotton to make the flames last for longer.

After that, we made a bigger fire, and we were allowed to throw wood blocks in it. After doing so, we were given marshmallows skewered on a stick. Fortunately, we were allowed to roast it to our liking. If I remember correctly, I had five marshmallows.

Then we had lunch, I had a few sandwiches and crisps. Soon, I had eaten all of my meal!

Our next activity put our navigation skills to the test. First, we were shown a few different methods of finding North. Then we were sorted into groups we were given a map and a sheet with numbers. In this vast grassland were numbers - each with a stamp. We were supposed to find all ten locations and stamp our sheet accordingly. We all were running back and forth like dogs!

Finally, our last activity including us of having ribbon tails. I was a squirrel and ~~around~~ ^{around} the area were two people standing like a tree. On the loose were posies, if they got my tail I'd become a fox. Then the lumberjacks cut trees down. The trees became squirrels. It was a fun, exhausting game.

Sadly we went on the coach, back to Reddipon to relax. This trip was really amazing.

Year Five's Aldenham Country Park Trip

Earlier today, Year 5 went on a ~~the~~ school trip to Aldenham country Park. We did many activities that we enjoyed. The activities were varied from toasting marshmallows to playing games. In this recount, you can find out what we did and one day you may go to Aldenham Country Park to do the activities yourselves!

First things first, we boarded the coach which took us to the park. Half an hour later we arrived at the woods and sat down with our friends while waiting for the people who would be showing us around. When they came, we trekked up to the field and put our bags down, then Boris and Sam - the people who were showing us around - showed us how to play a game.

Several rounds later, we settled down to learn about foraging. We went back along the woodland, armed with miniature books, we identified loads of plants. As we stopped by each one we discussed its uses. We found that the leaves of a blackberry plant can be used in tea and that stinging nettles aren't so bad after all.

Shortly afterwards, we went back to the field our stuff was in and we sat on the grass. Sitting in front of us were squares of wool - one between two. These were to light our fires. We got cotton swabs to separate and light. They immediately shrivelled up but when vaseline was added, it lasted longer.

Right before lunch, we made a large fire and marshmallows were handed out on the end of skewers. Everyone got into groups and slowly roasted their marshmallows. Straight afterwards we had our lunch - although we were still full with marshmallows!

After lunch, we got into groups of three or four so we could do some natural navigation. When we found a place, we'd stamp it to make holes in the paper to prove we'd found it. Teachers would be positioned here and there to help us.

Overall, I greatly enjoyed this trip. Although all the activities were fun, I particularly enjoyed making fires because it is a useful thing to know. I learnt a lot and had heaps of fun too. I would highly recommend Aldenham Country Park for a nice outing.

Now that you've read this, would you like to go there?